

COURSES WE OFFER

*REQUEST FOR SERVICE REQUIRED

Brilliant Babies (0-6 months)*

6 week course supporting you and your baby with helpful tips on play, communication & baby's development.

Early Explorers (6-18months)*

6 sessions - with information, tips & activities to support your child's development.

LTPP AND*(Additional Needs and/or Disability) (0-5 years)

Sessions for parents with children aged 0-5 years to come, play and socialise with other families and share their experiences.

Tiny Talkers (1-2+ years)*

6 week course to support your child's journey through language & communication, play stories & fun activities.

HENRY (0-5years)*

Healthy Families Right from the Start

8 week course, activities & strategies supporting good health, nutrition & exercise.

HENRY Workshops*

One off workshops in Starting Solids and Eating Well for Less.

HENRY Preparing for Parenthood*

6 sessions to support families expecting a new baby from 20 weeks pregnant to birth

HENRY Growing Up*

8 sessions to support families with children 6-12 years to improve their health and wellbeing.

LTPP(Learning Together Through Play) 0-5years

LTPP Babies (0-12months) both DROP-INS

Sessions are designed to give babies & children opportunities, to socialise with other children, take part in a range of activities and for parents/carers to learn about a range of key themes

Healthy Relationships*

- Me You & Baby Too
- Arguing Better
- Getting it Right for Children

This support is for parent(s)/co-parents and young people who might be experiencing difficulties in their relationship and want to reduce arguments in the household for the sake of their child's wellbeing.



Incredible Years *

Incredible Babies 0-12months *

8 week program to support needs of babies

Incredible Toddlers Pre-school *

12 week program to gain tools, knowledge and new skills to support the needs of children aged 1-6 years

Bookstart (0-5 years)

Sessions based around a book start book and families will receive a book start pack at end of event.

HOW TO APPLY

Our courses run every term. If you'd like to join us on any of our courses please complete our online

'Request for Services' (RFS) forms by scanning this QR code with your phone camera.



Visit our
Facebook Page



Or get in touch

Blyth West Family Hub

Devonworth Place, Cowpen NE24 5AQ

Tel: 01670 541150

Blyth Central Family Hub

103 Wright Street, Blyth NE24 1HC

Tel: 01670 798800



Northumberland
County Council



What's on Guide South East Locality Family Hubs Blyth/Cramlington/Seaton Valley September-December 2023



Check out our
NEW
Northumberland
Family Hubs
Website here!



*Request for Service Required

MONDAY

LTPP (0-5 years)

Blyth West

(term time weekly drop-in)

1.00 - 2:30 pm

**Children North East
Neurodiverse Pre-Teens/Teens**

Blyth Central

(term time weekly drop-in)

4.30-5.30pm

Please contact Robyn Andrews on
07553370132 or email robyn.andrews@children-ne.org.uk
for more information

TUESDAY

***LTPP AND**

(Additional Needs & Disabilities)

Blyth West

9.30 -11.00am

(5th Sept-19th Dec)

LTPP Babies (0-12 months)

(term time weekly drop-in)

Blyth Central

1.00 - 2.30pm

***HENRY Workshops**

Blyth Central

9.30-11am

Starting Solids

12th Sept/3rd Oct/7th Nov/5th Dec

Fussy Eaters

19th Sept/10th Oct/14th Nov/12th Dec

Bookstart Event

Where are the Yellow Chicks Spot?

Blyth Central

10.00-11.30am

26th Sept/24th Oct/28th Nov

*Request for Service Required

WEDNESDAY

***Early Explorers (6-18 months)**

Blyth West

9.30 -11:00 am

13th September - 18th October

8th November - 13th December

***Brilliant Babies (0-6 months)**

Blyth Central

9.30 -11:00 am

13th Sept - 18th October

8th November - 13th December

***HENRY (0-5 years)**

Blyth West

9.30-11.00am

13th Sept - 18th Oct

***HENRY (Preparing for Parenthood)**

Blyth West

3:00 - 5:00pm

13th Sept - 18th Oct

8th Nov - 13th Dec

***HENRY Growing up**

Blyth West

9.30-11.00am

8th Nov-13th Dec

THURSDAY

Birth Registrations

Blyth Central

Wednesday & Thursday

Book via Birth Registrations on
Northumberland County Council website

or

call 0345 600 6400



*Request for Service Required

LTPP Babies (0-12 months)

(term time weekly drop-in)

Blyth West

9.30-11.00am

***Incredible Years Toddler**

Blyth Central

9.30 - 11.00am

7th Sept - 14th Dec

***Incredible Years Babies (0-12 months)**

Blyth Central

9.30-11.00am

5th Oct - 30th Nov

Move Together (11-16 Years)

Blyth West

4.30 - 5.30pm

For young people who identify as a girl

(Start date to be confirmed)

***Tiny Talkers**

Manor Warms Space, Cramlington Shopping Centre

1.00-2.00pm

14th Sept-19th Oct & 9th Nov-14th Dec

FRIDAY

LTPP (0-5 years)

Blyth Central

(term time weekly drop-in)

9.30- 11.00 am

***Tiny Talkers (1-3 years)**

Blyth West

9.30-11.00am

15th September - 20th October

AND Sensory Chill Out 6-11 Years

(Additional Needs & Disabilities)

Blyth Central

4.30-5.30pm

For the whole family who have children with
learning or physical disabilities

(Start date to be confirmed)