

Why are some people self isolating?



School looks very different at the moment.



This is because some students and staff are self isolating at home.



This can be very confusing.



People are self isolating to keep us all safe.



They are at home because they have spent time with someone who has Covid-19.



Some of them may be sick.



But most of them are not sick at all.



They need to stay home for two weeks.



This is to make sure that the virus doesn't travel to more people.



It is normal to have questions about this.



It is important to remember that the adults around you are there to help you.



The most important thing is that we are all healthy, happy and safe.