

E-Safety Newsletter

Spring Term 2024

The 4 Cs of online safety

An important step in improving online safety at our school is identifying what the potential risks might be.



Content

Content is anything posted online - it might be words or it could be images and video. Children and young people may see illegal, inappropriate or harmful content when online. This includes things like pornography, fake news, racism, misogyny, self-harm, suicide, anti-Semitism, radicalisation and extremism.

Contact

Contact is about the risk of harm young people may face when interacting with other users online. This includes things like peer-to-peer pressure or seeing inappropriate commercial advertising.

Conduct

Conduct means the way people behave online. Conduct also includes things like sharing or receiving nudes and semi-nude images and viewing or sending pornography.

Commerce

Commerce is about the risk from things like online gambling, inappropriate advertising, phishing or financial scams. Children and young people may be exposed to these risks directly.



Managing Screen time from Internet Matters

Are you worried your child has too much screentime or would like more advice on how to support your child in managing their screen time? Internet Matters have a wealth of information on their website to help support you.

The link below discusses how to get the most out

of screen time and how to talk to your child about screen time based on their age:

https://

www.internetmatters.org/
issues/screen-time/protect-your-child



Live streaming

As with most things children do, there can be negatives as well as positives, which includes risks to the safety or wellbeing of children. The risks can be depending on whether the child is hosting or watching live streaming. At Hillcrest, we use apps such as BBC Teach for live streaming lessons.

You can help by:

- ⇒ learning how to support your child if they see inappropriate content online
- ⇒ reporting any sexual images or videos to CEOP
- ⇒ setting up parental controls in your home.





During Safer Internet Day (6th Feb), classes found out about using the internet safely. We looked at safe passwords and what are good examples of passwords which can not be easily cracked. We tested the passwords on a website to see how long it would take to crack the code.





We created posters about accessing appropriate material online and looked at fake news and digitally altered images. There was lots of

discussion around fake information being shared online and the dangers of this. We continue to look at online safety as part of our PSHE/RSE curriculum and have E-Safety lessons every half term.



Useful websites for parents and carers.

O Childnet













Useful apps for parents and carers.







There are a number of apps which can be downloaded to your phone to monitor your children's online and app use. These include Life360, Norton Family and Boomerang.